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Review

Liquid chromatography–mass spectrometry in forensic and clinical $toxicology¹$

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Abstract

This paper reviews liquid chromatographic–mass spectrometric (LC–MS) procedures for the identification and/or quantification of drugs of abuse, therapeutic drugs, poisons and/or their metabolites in biosamples (whole blood, plasma, serum, urine, cerebrospinal fluid, vitreous humor, liver or hair) of humans or animals (cattle, dog, horse, mouse, pig or rat). Papers published from 1995 to early 1997, which are relevant to clinical toxicology, forensic toxicology, doping control or drug metabolism and pharmacokinetics, were taken into consideration. They cover the following analytes: amphetamines, cocaine, lysergide (LSD), opiates, anabolics, antihypertensives, benzodiazepines, cardiac glycosides, corticosteroids, immunosuppressants, neuroleptics, non-steroidal anti-inflammatory drugs (NSAID), opioids, quaternary amines, xanthins, biogenic poisons such as aconitines, aflatoxins, amanitins and nicotine, and pesticides. LC–MS interface types, mass spectral detection modes, sample preparation procedures and chromatographic systems applied in the reviewed papers are discussed. Basic information about the biosample assayed, work-up, LC column, mobile phase, interface type, mass spectral detection mode, and validation data of each procedure is summarized in tables. Examples of typical LC–MS applications are presented. \circ 1998 Elsevier Science B.V. All rights reserved.

Keywords: Reviews; Therapeutic drugs; Drugs of abuse; Poisons

Contents

¹Dedicated to Prof. Dr. Gottfried Blaschke, Münster, Germany, on the occasion of his 60th birthday.

ods must provide high reliability and accuracy. The sal procedures. combinations of mass spectrometry with suitable ES enables the determination of analytes of high chromatographic procedures are the methods of molecular mass up to several hundred thousand units choice, because they are very sensitive, precise, such as peptides or proteins [14,15,18,70,71], and/or specific, universal and fast. Today, GC–MS is the very high polarity such as quaternary amines, sulfate *golden standard* for detection and quantification of conjugates, nucleotides or phospholipids drugs and poisons volatile under GC conditions (1) [9,28,70,72–74]. A prerequisite is that the analyte and other papers of this Special Volume), whereas must be ionizable in solution, so that the mobile non-volatile compounds require LC–MS [2–18]. phase often contains a small amount of a volatile While GC can easily be coupled with MS, LC can acid or base. If such additives impair the chromatoonly be coupled with MS via sophisticated inter- graphic separation, they can be added after the faces. separation before the eluent enters the ES interface

advantages of these interfaces were recently described in the reviews of Gelpi [15], Careri et al. [16] or Hoja et al. [17], so that this topic needs not be repeated here. In Fig. 1 the relation of the molecular mass range and the polarity of analytes that can be analyzed by GC–MS and different LC–MS interface techniques are sketched. As shown, LC–MS with ES is the most universal of these analytical techniques.

In the last 2 years only few papers using PB [10,19–21], FAB [3,5,12,22] or TS [7,23–31] have appeared. These interfaces have several limitations, such as less sensitivity or less universality. Today, two relatively robust LC–MS interface types seem to have become the *golden standards* of LC–MS, the
atmospheric-pressure ionization techniques, ES and
analytes analyzable by GC–MS and different LC–MS interface APCI. The majority of the papers reviewed here deal techniques.

1. Introduction already with ES [2,8,9,11,32–52] or APCI [4,6,53– 69]. Modern (benchtop) apparatus supply both tech-In forensic and clinical toxicology analytical meth- niques. They allow very sensitive, gentle and univer-

[25,29,43].

APCI allows very sensitive determination of ana-
1.1. *LC–MS interfaces* lytes with moderate polarity and molecular mass. Since the 1970s, different LC–MS interface types,
such as moving belt, direct liquid introduction,
continuous-flow or frit-terminated fast atom bom-
bardment (FAB), particle beam (PB), thermospray
(TS), electrospray (ES) o

analytes analyzable by GC–MS and different LC–MS interface

different interfaces is performed using one or two 36,41,53,55] or with the detection of drugs of abuse mass analyzers (MS–MS), which consist of ion not detectable by immunoassay [25,26,37–40,53–
traps, sector field instruments or predominantly of 57]. Some authors describe procedures for identificatraps, sector field instruments or predominantly of 57]. Some authors describe procedures for identifica-
quadrupoles. They can operate in the full scan mode tion and/or quantification of therapeutic drugs relquadrupoles. They can operate in the full scan mode or in the more sensitive selected-ion monitoring mode (SIM) detecting positive or negative ions. The samples $[2-11,19-22,25-28,42-52,58-66,87]$, MS–MS combination provides additional possibil- while others describe the detection of non-volatile ities, because both analyzers can be operated in a poisons relevant to diagnosis of an acute or chronic scan or in a selected-ion mode resulting in four intoxication $[12-14.67.69]$. Further papers deal with scan or in a selected-ion mode resulting in four combinations: parent-ion scanning (scan mode in the the quantification of (future) therapeutic drugs as part first analyzer, SIM in the second), daughter-ion of pharmacokinetic or metabolic studies [9,23,29–scanning (DIS; SIM in the first analyzer, scan mode 31,37,38,55,72,73,75–86,88–98]. Such papers are scanning (DIS; SIM in the first analyzer, scan mode in the second), constant neutral-loss scanning not reviewed in detail, but they are mentioned in (CNLS; scan mode in both analyzers) or selected- Section 2.3.4. They were not omitted for two reaction monitoring (SRM; SIM in both analyzers) reasons: on the one hand such therapeutic drugs may [16,17]. DIS is preferable for the identification of also occur in future toxicological cases, and on the drugs and/or their metabolites in complex matrices, other hand they may give hints for developing new drugs and/or their metabolites in complex matrices, since separation is performed on the LC and in the procedures for similar compounds of toxicological first mass analyzer, while structural information is interest. obtained by fragmentation in the second analyzer. SRM (sometimes named multiple-reaction monitor- 1.4. *Choice of the references* ing, MRM) is the most powerful technique for quantification of small amounts of analyte in com- The reviewed references were selected by on-line plex matrices. Especially pharmaceutical companies searching the *Medline* database, the *Chemical Ab*are using this technique for series of quantifications *stract Services* (*CAS*) and *Current Contents*. Since during pharmacokinetic studies of new (polar and Hoja et al. [17] most recently published a review low dosed) drugs [75–86]. considering papers until the beginning of 1995, the

clinical toxicology were considered.

The choice of the method in analytical toxicology depends on the problems which have to be solved. **2. LC–MS determinations of drugs, poisons** Usually, the compounds which have to be analyzed **and/or their metabolites in biosamples** are unknown. Therefore, before quantification, the drug or poison must first be identified. The analytical LC–MS procedures for the identification (ID) strategy – especially in drugs of abuse testing – $\text{and/or quantification (QU)}$ of drugs or poisons includes a screening test and a confirmatory test. If relevant to forensic or clinical toxicology published only a single drug or a single category of drugs must in the last 2 years are critically reviewed in this be monitored, immunoassays, if available, can be chapter. Most of the papers concerning this topic

mentation depends on several parameters (e.g. CID used for screening in order to differentiate between voltage) and on the other hand adduct ions can be negative and presumptively positive samples. Posiformed, e.g. by ammonia or sodium present in the tive results must be confirmed by a second ineluent. dependent method that is at least as sensitive as the screening test and that provides the highest level of 1.2. *LC*–*MS detection modes* confidence in the result. Some recent LC–MS papers on drugs of abuse testing deal with confirmation of Mass analysis of the substances ionized by the positive immunoassay results [23,24,33– evant to analytical toxicology in human or animal

period from January 1995 to April 1997 was taken 1.3. *Applicability of LC*–*MS in forensic and* into consideration. Only papers written in English

[2,12,14,32,33,39,40,44,50,53,55,61,99]. This fact different columns were used in the column switching indicates that LC–MS is a new but upcoming system: an IAE column packed with the bound technique also in this field of scientific research and antibodies, a trapping column and an analytical application. column. The work-up process consisted of the fol-

summarized in Tables $1-3$ to simplify the rapid loading of the urine sample, elution of the unbound selection of a method suitable for an actual analytical matrix to waste, equilibration of the trapping and problem. The information, whether a paper deals analytical column with mobile phase, elution of the with a quantitative assay, can be taken from the bound analytes and trapping in the trapping column, *Validation* column. Retention time and mass spectral back-flushing of the trapped analytes onto the anadata are not listed in the tables to save space. lytical column, separation and introduction into the

requisite for chromatography of biosamples. It in- was 20-fold below that using off-line SPE and LC– volves isolation after cleavage of conjugates by MS–MS [35]. However, a disadvantage of IAE is enzymatic (EHY) or acid hydrolysis (if required), that overloading the antibodies with the analyte (e.g. and/or derivatization of the drugs and their metabo- in overdose cases) leads to poor linearity. This is in lites. Isolation was performed by liquid–liquid ex- accordance with our studies on IAE of amanitins traction at a pH at which the analyte is uncharged [103,104]. (see LLE in *Work-up* column in Tables $1-3$) or by A simpler alternative way (e.g. for determination solid-phase extraction (see SPE) preceded or fol- of plasma levels) is the direct injection of the lowed by clean-up steps. Afterwards, the extract is biosample onto a pre-column, washing the matrix concentrated and finally dissolved in an appropriate from this column to waste and back-flushing the volume of mobile phase. The pros and cons of both analyte onto the analytical column [64]. On-line types of extraction are discussed in detail in the extraction was also described using two analytical review of Franke and De Zeeuw in this Special columns (LC–LC–MS–MS) [27] or using an SPE Volume [100]. Column connected to the analytical column (SPE–

amine derivatives) to improve the LC separation and detected in the last. the MS or the diode array detection (DAD). However, if derivatization was necessary, the advantage 2.2. *Liquid chromatographic systems* of such an LC–MS procedure seems to be questionable in comparison to GC–MS procedures as As shown in Tables 1–3, the most commonly used reviewed by Kraemer and Maurer in this Special stationary phases were – as usual – reversed-phase

ples is immunoaffinity extraction (IAE), especially if as mobile phase were used [43,47]. Ammonium coupled on-line with the LC–MS [34,35,61,102]. Cai acetate must be mixed into the non-aqueous eluent and Henion [61], for example, have recently de- [47] or it must be introduced post-column to the scribed an automated on-line clean-up and enrich-
eluent [43] to improve the ionization in the MS and ment procedure using a commercially available to reduce the risk of explosion in the heated nebul-

have been published in early 1997 workstation to perform the complete process. Three The principal information on each procedure is lowing steps: preconditioning of the IAE column, MS(–MS). The advantage of such a procedure is not 2.1. *Sample preparation* only the full automation but also the highly selective and sensitive detection. For example, the LOD for Suitable sample preparation is an important pre- the IAE-LC–LC–MS–MS detection of LSD in urine

Most analytes do not require derivatization for LC LC–MS–MS) [19]. By applying such techniques, the separation or MS detection. However, some analytes analysis cycle time can drastically be reduced (e.g. such as amines show only poor chromatographic \leq 5 min), especially in combination with MS–MS behaviour without derivatization. Therefore, Bogusz [64], in which the analyte can be separated further by et al. [53] have derivatized their analytes (amphet- its mass in the first mass analyzer and specifically

Volume [101]. C_{18} columns. For enantioselective determination,
An excellent way to isolate analytes from biosam-
normal-phase columns with alkane–alcohol mixtures normal-phase columns with alkane–alcohol mixtures

Table 1

LC–MS procedures for the identification and/or quantification of illicit drugs of abuse and/or their metabolites in biosamples

Compound	Sample	Work-up	Stationary phase	Mobile phase (mixtures in v/v)		Interface Detection mode	Validation data	Ref.
Amphetamines: Amphetamine (AM), methamphetamine (MA), methylenedioxy-AM (MDA), methylenedioxy-ma (MDMA), methylenedioxyethyl-AM (MDE); ephedrine, fenfluramine, norfenfluramine, phentermine, phenylethylamine, phenylpropanolamine, propylhexedrine	S, U	LLE, phenylisocyanate derivatization	Superspher Select Ba ECOcart $(125\times3$ mm I.D.)	50 mM ammonium APCI formate (pH_3) - ACN (55:45)		ID: scan QU: SIM	REC: 70-75% LOD: $5 \text{ ng/ml } (AM,$ MDA ; 1 ng/ml (others) LIN: $5-1000$ ng/ml	$[53]$
Amphetamines: Amphetamine (AM), methamphetamine (MA)	U	SPE	Ultron ES-PhCD $(150\times6$ mm I.D., $5 \mu m$; chiral separation	100 m ammonium acetate (рН 6)-МеОН- ACN (60:30:10)	TS	ID: scan, SIM;	REC: 96.5-98.5% QU: UV, 220 nm LOD_{scan} : 10 ng/ml (AM) ; 20 ng/ml (MA) LOD_{SIM} : 0.5 ng/ml (AM) ; 0.8 ng/ml (MA) For HPLC-UV: LIN: $0.5-10$ ng/ml	$[24]$
Amphetamines and other drugs of abuse: Amphetamine (AM), methamphetamine (MA), (methyl)ephedrine; morphine + M (M3G, M6G), $ccaine+M$	U	LLE	L-column ODS $(150\times4.6$ mm I.D.)	gradient elution: 100 m ammonium acetate- -ACN (100:0- 60:40)	TS	ID: scan QU: SIM	REC: 88-99% LOD_{scan} : 50–400 ng/ml LOD_{SIM} : 2-40 ng/ml LIN:? -2000 ng/ml (M3G, M6G) LIN: $40 - 500$ ng/ml (others)	$[23]$
Cocaine: Cocain-M (BZE)		Blood spots Elution of BZE from the spot by aqueous ammonium I.D., $3 \mu m$) acetate, deproteination by MeOH, evaporation	2 Perkin-Elmer C_{18} in series $(30\times4.6$ mm	25 mM ammonium APCI acetate in MeOH- water (50:50)		MS-MS, SRM	REC:? LOD: 2 ng/ml LIN: $4-166$ ng/ml	$[54]$
Cocaine and other drugs of abuse: $Cocaine+M$ (benzoylecgonine, BZE); amphetamine (AM), methamphetamine (MA), (methyl)ephedrine, morphine+M (M3G, M6G)	U	LLE	L-column ODS $(150\times4.6$ mm I.D.)	gradient elution: 100 m ammonium acetate- $-ACN$ (100:0- 60:40)	TS	ID: scan QU: SIM	REC: 88-99% LOD_{scan} : 50-400 ng/ml LOD_{SIM} : 2-40 ng/ml LIN :?-2000 ng/ml (M3G, M6G) LIN: $40-500$ ng/ml (others)	$[23]$
Lysergide: $LSD+M$ (nor-)	U	SPE	Nucleosil C_{18} $(150\times1$ mm I.D.)	2 mM ammonium ES formate (pH_3) - ACN (70:30)		SIM	REC: 93%, 80% (M) LIN: $0.05-20$ ng/ml LOD: 0.025 ng/ml, 0.035 ng/ml (M) LOQ: 0.1 ng/ml (metabolite)	$[32]$
Lysergide: $LSD+M$ (nor-)	U	SPE	Hypersil C_{18} $(125\times3$ mm I.D., 3 μ m) ammonium acetate	100 m $(pH 8)$ -ACN (75:25)	ES	SIM	REC: ? LIN: $0.5-10$ ng/ml	$[33]$

Table 1. Continued

Compound	Sample	Work-up	Stationary phase	Mobile phase (mixtures in v/v)		Interface Detection mode	Validation data	Ref.
Lysergide: LSD	U	SPE, IAE	Hypersil C_{18} $(125\times3$ mm I.D., 3 μ m)	100 m ammonium acetate $(pH 8)$ -ACN (75:25)	ES	SIM	REC: 83-100% (SPE); 64-166%! (IAE) LIN: $0.5-10$ ng/ml	$[34]$
Lysergide: $LSD+M$	U	extraction)	IAE (on-line IAE column: antibodies bound to protein G $(2.1 \times 3.3 \text{ mm } I.D.)$ Trapping column: LC Packings C_{18} $(15\times0.5$ mm I.D., 5 μ m) Analytical column: LC Packings C_{18} $(150\times0.3 \text{ mm }$ I.D., $3 \mu \text{m})$	ACN-MeOH- $HOAc-5$ m M ammonium acetate (30:30:0.1:39.9)	ES	MS-MS, SRM REC: ?	LOD: 0.0025 ng/ml	$[35]$
Lysergide: $LSD+M$	U, human liver microsomes	SPE	Spherisorb ODS-2 $(100\times1$ mm I.D., 5 μ m)	Gradient elution from 44 to 100%B: (A) ACN-MeOH-HOAc-5 mM ammonium acetate (10:10:0.1:79.9) (B) ACN-MeOH- $HOAc-5$ m M ammonium acetate (49.5:49.5:0.1:0.9)	ES	MS-MS, CNLS (microsomes), SRM (U)	REC: 45-74% (U) LOD: 0.05 ng/ml	$[36]$
Opiates: Morphine, morphine-3- glucuronide (M3G) morphine-6-glucuronide (M6G), 6-monoacetylmorphine (MAM)	B, U, cerebro-spinal fluid, vitreous humor	SPE	Superspher Select B $(125\times3$ mm I.D.)	50 mM ammonium formate (pH_3) - ACN (95:5) or $(90:10)$ for MAM	APCI	QU: SIM	REC: 82-89% LOD: $0.1-1$ ng/ml LIN: $5-500$ ng/ml	$[55]$
Opiates: Morphine $+M$ (M3G, M6G)	S	SPE	Supelcosil ABZ $(250\times4.6$ mm I.D., 5 μ m)	Gradient elution: water-MeOH $(85:15-40:60)$	ES	QU: SIM	REC: 70% (M3G) REC: 95% (others) LIN: $10/100/50-$ 1000 ng/ml (morphine/M3G/M6G)	$[37]$
Opiates: Morphine+M (M3G, M6G)	S	SPE	YMC ODS-AL $(100\times4.6$ mm I.D.)	gradient elution: 3 mM formic acid in water -3 m M formic acid in ACN $(4:96 - 70:30)$	ES	QU: SIM	REC:? LIN: $0.84 - 17/5 -$ $500/2 - 100$ ng/ml (morphine/M3G/M6G)	$[38]$
Opiates and other drugs of abuse: Morphine+M (M3G, M6G, MAM); amphetamine (AM), methamphetamine (MA), (methyl)ephedrine, cocaine+M (BZE)	U	LLE	L-column ODS $(150\times4.6$ mm I.D.)	Gradient elution: 100 mM ammonium acetate-ACN $(100:0 - 60:40)$	TS	ID: scan QU: SIM	REC: 88-99% LOD _{scan} : 50-400 ng/ml LOD _{SIM} : 2-40 ng/ml LIN:? -2000 ng/ml (M3G, M6G) LIN: 40-500 ng/ml (others)	$[23]$

 $[2,14,27,42,45,47,49,52,59,63,64,68]$. Others used nor the diameter of the column were reported $[4]$.
two analytical columns in series $[29,54]$. If the The mobile phases consisted of mixtures of volatwo analytical columns in series [29,54]. If the column was heated, the column temperature is given

izer. Some authors recommended a short guard in the tables. It is incomprehensible, why referees column with the same type of stationary phase and editors accept papers in which neither the length and editors accept papers in which neither the length

tile buffers (e.g. ammonium acetate or formate) with

Antihypertensive drugs: P LLE Chira OJ MOD 2 m*M* ammonium ES MS-MS, SRM REC: 90% [47] Nimodipine (the method (250×2 mm I.D., acetate in ethanol– LOD: 0.25 ng/ml could be transfered to 8 pm) with a guard *n*-heptane (20:80) LIN: 0.25– other dihydropyridines like column (1032 mm 75 ng/ml felodipine, nisoldipine, LD , $35^{\circ}C$; chiral LD , $15^{\circ}C$; chiral $LOQ: 0.5$ ng/ml

Antihypertensive drugs: P (horse) LLE, SPE Betasil C₁₈ (100×1 5 m*M* ammonium ES MS-MS, SRM *For LLE extracts*: [50] 18 Reserpine mm LD, 5 μ m) acetate–ACN (20:80) 18 REC: 68–76% mm I.D., 5 μ m) acetate–ACN (20:80)

nitrendipine) separation

separation in progress

For LLE extracts: pH 7.12 LOD: 0.01 ng/ml *For SPE extracts*: pH 5.47 LIN: 0.01–5 ng/ml)

Table 2. LC–MS procedures for the identification and/or quantification of toxicologically relevant drugs and/or their metabolites in biosamples

(Cont.)

LOQ: 0.05 ng/ml *For SPE extracts*:

Table 2. Continued

Table 2. Continued

Compound	Sample	Work-up	Stationary phase	Mobile phase	Interface	Detection mode	Validation data	Ref.
			Analytical column: LC Packings C_{18} $(150\times0.3$ mm I.D., $3 \mu m$)					
Cardiac glycosides: Digoxin, digitoxin, α -, β-acetyldigitoxin, lanatoside C, oleandrin	P	LLE	Nova-Pak C_{18} (150×2 mm I.D., $4 \mu m$) with a guard column (Optiguard C_{18} (15×1 mm I.D., $5 \mu m$)	Gradient: 2 mM ammonium acetate (pH 3)-ACN (20:80- 70:30)	ES	Scan, SIM	REC: 67-90% LOD: $0.15 - 0.6$ ng/ml	$[2]$
Cephem antibiotics: 24 Antibiotics	S	SPE	Pre-column: Develosil PhA $(30\times0.5$ mm I.D., $10 \mu m$, analytical column: Develosil PhA $(150\times0.5$ mm I.D., $5 \mu m$)	For pre-column: 10 mM acetic acid- glycerol (or diethanolamine) (99.5:0.5); water-MeOH-acetic acid-glycerol $(59:40:0.5:0.5)$ or water-MeOH-acetic acid-diethanolamine (57:40:2.5:0.5)	FAB	Scan, SIM	$REC: >60\%$ LOD: th. conc.	$[3]$
Corticosteroids: Betamethasone, cortisone, dexamethasone, flumethasone, flunisolide, hydrocortisone, methylprednisolone, prednisolone, prednisone	U (cattle)	EHY, SPE	Spherisorb ODS2 $(250\times4.6$ mm I.D., $5 \mu m$)	100 m M ammonium acetate (pH 6.8)– ACN (60:40)	APCI	MS-MS, SRM	REC: 80-86% LOD: 0.05 ng/ml	$[62]$
Corticosteroids: Triamcinolone	S, U (horse)	LLE	Lichrospher 100 C_{18} $(125\times4$ mm I.D., $5 \mu m$) with a guard column (C_{18} (4×4 mm I.D., $5 \mu m$)	Gradient: 10 mM ammonium acetate- MeOH (50:50-0:100)	ES	MS-MS, SIM	For serum: REC: 83% LOD: 0.1 ng/ml LIN: $0.3-12$ ng/ml For urine: REC: 81% LOD: 0.1 ng/ml LIN: $0.5 - 50$ ng/ml	$[52]$
Immunosuppressants: Sirolimus+M	B	SPE	Resolve C_{18} (150×3.9) mm I.D., $5 \mu m$), 40°C	MeOH-1% formic acid (90:10)	ES	SIM (MS-MS for identification of M)	REC: 85-91% $LIN: 0.25-$ 250 ng/ml	[8]
Immunosuppressants: Tacrolimus+M	B, U	SPE	Spherical C_{18} $(150 \times 3.9$ mm I.D., $5 \mu m$)	$MeOH$ -water $(90:10)$	PB	SIM	REC: 90% $LIN: 0.2-$ 100 ng/ml	$[10]$
Immunosuppressants: Tacrolimus	B	SPE	Brownlee C-4 Column $(30\times2.1$ mm I.D.)	$40 \text{ }\text{m}M$ ammonium acetate (pH 5.1)– MeOH (20:80)	ES	MS-MS, SRM	REC: 54.3% LIN: 0.2- 100 ng/ml	$[11]$
Neuroleptics (Butyrophenones): Haloperidol + M (dihydro-)	${\bf P}$	LLE	Nucleosil C_{18} $(150\times1$ mm I.D.)	$2 \text{ }\mathrm{m}M$ ammonium formate (pH_3) - ACN (55:45)	ES	SIM	REC: 58%; 70% (M) LOD: 0.075 ng/ml; 0.1 ng/ml (M) $LIN: 0.1-$ 50 ng/ml; $0.25-$ 50 ng/ml (M)	$[44]$

Table 2. Continued

H.*H*. *Maurer* / *J*. *Chromatogr*. *B* ⁷¹³ (1998) ³ –²⁵ 13 Table 2. Continued

Table 2. Continued

gradient elution. Since basic drugs often give poor acid [66], were used to improve the ionization. In our peak shapes on reversed-phase columns, minor experience, there is no general rule for the choice of amounts of an amine such as triethylamine were the acid. It should be tested for every analyte and

variable pH and organic modifiers such as methanol added [27,43]. Volatile acids, such as formic (MeOH) or acetonitrile (ACN) used for isocratic or [8,27,38,51], acetic [4,9,21,61,67] or trifluoroacetic gradient elution. S [8,27,38,51], acetic $[4,9,21,61,67]$ or trifluoroacetic

chromatographic system. In some papers, post-col- reported. The interface type and the mass spectral umn addition of ammonium acetate solutions was detection mode are listed. Since in most papers both recommended to improve the ionization in the MS mass spectra and chromatograms/retention times are without influencing the chromatographic separation given, these data were not specified in the tables. [25,29,43]. Validation data, such as recovery (REC), limit of

according to drug classes and to the international given, since data recorded in methanolic solutions non-proprietary names (INN) or the common names. are of minor value for toxicological analysis. The If only metabolites were determined $-M'$ is added limit of quantification (LOQ) is given only if not to the name. If metabolites were determined addi- identical to the lowest linearity value. Since precitionally, '+M' is given in the *Compound* column. sion of all the reviewed procedures was better than The information concerning quantification, if avail- 20% as recommended for analysis in biosamples, able, can be found in the *Validation* column. The these data were omitted in order to save space. type of biosample used is given in the *Sample* column (B, blood; P, plasma; S, serum; U, urine, 2.3.1. *Illicit drugs of abuse* etc.). If samples from animals were studied, the species is given in brackets. The sample preparation 2.3.1.1. *Amphetamines*. Amphetamine derivatives is concisely summarized in the *Work*-*up* column. The are often misused as central stimulants. Immunoprincipal information on the stationary and mobile assays are available for amphetamine, methamphases is given. The flow-rate data were omitted, phetamine and some ring or side chain-modified since in many cases the eluent was split before derivatives, such as the methylenedioxy designer entering the interface, but the split ratio was not drugs. For confirmation of the immunoassay result or

detection (LOD) or linearity (LIN), are summarized 2.3. *LC–MS procedures* for easy evaluation, whether or not a procedure can be useful to solve an actual toxicological case. The drugs and poisons are listed in the tables However, only data recorded in biosamples are

were published [101], since amphetamine derivatives rather complicated because the concentrations are are volatile in GC. Nevertheless, three LC–MS very low and the molecule is not very volatile. procedures for serum or urine analysis have been Therefore, since 1996 five papers appeared describ-
recently published [23.24.53]. Bogusz et al. [53] ing ES-LC-MS(-MS) detection in urine [32–36]. recently published $[23,24,53]$. Bogusz et al. $[53]$ described the APCI-LC–MS identification and After solid-phase extraction, the detection limits quantification of amphetamines, including designer ranged between 0.5 and 0.025 ng/ml, which is drugs, in serum and urine after derivatization. The sufficient to confirm positive immunoassay results.

mass spectra of the 12 drugs tested are quite different However, after immunoaffinity extraction (IAE) and mass spectra of the 12 drugs tested are quite different allowing their differentiation even if the chromato- LC–MS–MS detection the LOD was 10 times lower graphic peaks are not completely separated. Due to (0.0025 ng/ml) [35]. As discussed above, IAE and/
the use of deuterated internal standards, the valida- or MS–MS detection are powerful procedures for the tion data promise reliable quantification in the SIM detection of very low concentrations of analytes in mode. However, Bogusz himself has warned, that in biomatrices. APCI-LC–MS large amounts of analyte may considerably influence the peak areas of their coinjected 2.3.1.4. *Opiates*. Heroin is widely abused by drug deuterated analogues used as internal standard [105]. addicts for euphoriant and anxiolytic effects, while deuterated analogues used as internal standard [105].
Katagi et al. [24] have described enantioselective

TS-LC–MS detection and LC–UV quantification of sic especially in the final stage of cancer diseases. If amphetamines in urine for differentiation between heroin is not available, addicts often take morphine ingestion of illicit and therapeutic drugs. Again, such or other opioid medicaments. For legal reasons, the differentiation can also be performed by GC–MS application of heroin must be differentiated ana-[101]. lytically from an intake of other opioids. Therefore,

TS-LC–MS procedure for simultaneous determina- cific metabolite, must be detected in body samples. tion of different illicit drugs, such as amphetamines, The TS-LC–MS procedure of Tatsuno et al. [23], as cocaine, morphine and their metabolites, in urine. well as the recent APCI-LC–MS procedure of The mass spectra of the 10 drugs tested are quite Bogusz et al. [55], allow the detection of MAM as different allowing their differentiation with the ex-
well as morphine and its glucuronides. Determiception of that of morphine-3- and -6-glucuronide. nation of morphine and its two glucuronides in Both glucuronides can only be differentiated by their serum was further described using ES-LC–MS retention time. [37,38]. Although only the 6-glucuronide is pharma-

main metabolite benzoylecgonine (BZE) can be relevance in correlating the blood levels of morphine determined in urine by TS-LC–MS [23]. Sosnoff et and its two glucuronides, e.g. in fatal cases for the al. [54] have described APCI-LC–MS–MS detection estimation of the survival time after drug intake. of traces of BZE eluted from blood spots of newborns collected on filter paper for epidemiological 2.3.2. *Therapeutic drugs relevant to forensic or* studies of the prevalence of cocaine abuse in late *clinical toxicology* pregnancy. The LOD was about 2 ng/ml based on a 12-ml sample volume. 2.3.2.1. *Anabolic steroids*. Anabolic steroids are

than other illicit drugs, but with increasing fre- [19] have developed a fully automated LC–MS quency, at least in Europe. Immunoassays are avail-
procedure for anabolics in urine. Twenty-eight sterable for screening (cut-off value, 0.5 ng/ml) and oids and metabolites could be detected after ensome GC–MS procedures are described for con- zymatic hydrolysis, on-line SPE, reversed-phase firmation as reviewed by Kuffer et al. in this *Special* chromatography and PB interfacing by electron

for differentiation, series of GC–MS procedures *volume* [106]. However, the detection of LSD is or MS–MS detection are powerful procedures for the

morphine is therapeutically used as a potent analgeheroin is not available, addicts often take morphine Tatsuno et al. [23] have developed a reliable 6-monoacetylmorphine (MAM), the only heroin-specologically active and therefore toxicologically rel-2.3.1.2. *Cocaine*. As just discussed, cocaine and its evant, Bogusz et al. [55] have discussed the possible

misused in sports and in cattle breeding. Since GC– 2.3.1.3. *Lysergide* (*LSD*). LSD is less often abused MS procedures are time-consuming, Barron et al. sitivity of PB was sufficient to detect therapeutic sensitive APCI-LC–MS–MS procedure for the lowconcentrations of the tested anabolics even if only dosed triazolam with a LOD of 0.02 ng/ml. Verweij small amounts of urine were available, because the et al. [25] described TS-LS–MS–MS quantification whole sample could be injected onto the on-line SPE of benzodiazepines, neuroleptics and opioids in column. Bowers and Sanaullah [9] described the whole blood. Unfortunately, this paper is of less direct detection of several steroid glucuronide and value for toxicological analysis since no validation sulfate conjugates in urine by ES-LC–MS and ES- data recorded in biosamples were reported. The LC–MS–MS to avoid the enzymatic hydrolysis of conversion of on-column LODs of methanolic soluthe conjugates, which is less reproducible and may tions to LODs in blood is very daring. Every lead to artifacts. Considering the measured on-col- bioanalyst knows that this is unrealistic. umn LODs of the reference solutions the authors conclude that they were readily compatible with 2.3.2.4. β_2 -*Agonists*. β_2 -Adrenoceptor agonists (β_2 -
testing in urine. In the MS–MS mode spectral agonists) are widely used as bronchodilators or testing in urine. In the MS–MS mode spectral differences appeared to be sufficient for differentia- tocolytics. Because of their acclaimed anabolic effect tion. **at higher doses**, they are misused in sports or in

drugs, such as α_1 -blockers, β -blockers or calcium for sensitive and specific determination of five β_2 -channel blockers, may lead to cardiovascular dis-
agonists in human plasma. Salbutamol could not be channel blockers, may lead to cardiovascular disorders when they are incorrectly taken. For moni- determined by LC–MS–SIM because of matrix toring such patients, procedures published for phar- interferences. Therefore, MS–MS was tested for macokinetic studies can be used. The calcium chan- determination of clenbuterol, fenoterol and salnel blocker, amlodipine, can very sensitively be butamol. The authors stated that lower LODs could quantified in serum by APCI-LC–MS–MS [58], so be reached by LC–MS–MS, but no detailed data that only small amounts of blood are needed. Chiral were given. determination in plasma by normal-phase $ES-LC-$ Determination of β_2 -agonists in bovine urine was MS–MS was described for the α_1 -blocker, dox- described using APCI-LC–MS–MS [60,61] or TSazosin [43], the β -blocker, sotalol, and the calcium LC–MS–MS [27] with LODs of 0.05 ng/ml. Hagenchannel blockers, verapamil and nimodipine [47]. doorn et al. [27] and Cai and Henion [61] have Problems arising from normal-phase LC were al- developed on-line extraction as discussed in detail in ready discussed in Section 2.2. Reserpine used in Section 2.1. Further methods for β_2 -agonists were humans as antihypertensive drug is also used as a recently reviewed by Polettini [108]. tranquillizer in horses. To monitor plasma levels for both indications, the ES-LC–MS–MS procedure 2.3.2.5. *Cardiac glycosides*. Cardiac glycosides are validated for equine plasma can be applied [50]. used in the treatment of congestive heart failure.

ly used and they may lead to addiction or severe assay. In some circumstances (e.g. forensic cases), intoxication, especially in combination with alcohol. the immunoassay results must be confirmed and/or sary in clinical and forensic toxicology. While benzo- identified. Tracqui et al. [2] developed an ES-LC– acid hydrolysis by GC–MS [1,107], GC–MS quanti- cardiac glycosides in plasma. The precision of the fication in blood suffers, e.g. from thermal instability method is acceptable. Although the LC–MS LODs and low volatility of some of the parent compounds. were higher than the immunoassay LODs, they ml using ES-LC–MS–MS [41] or APCI-LC–MS a plasma extract of a patient who ingested a tea made

impact mass spectrometry. The relatively low sen- [56]. Senda et al. [57] have published a very

livestock production. Doerge et al. [59] have de-2.3.2.2. *Antihypertensive drugs*. Antihypertensive scribed APCI-LC–MS and LC–MS–MS procedures

Because of their narrow margin of therapeutic safety 2.3.2.3. *Benzodiazepines*. Benzodiazepines are wide- they are routinely monitored in plasma by immuno-Therefore, screening for benzodiazepines is neces- the glycoside that was actually applied must be diazepines can easily be screened in urine, e.g. after MS procedure for the detection of the most important LC–MS provides good precision, specificity and should be sufficient for overdose cases. As shown in sensitivity. The LOQs ranged between 1 and 2 ng/ Fig. 2, the authors were able to identify oleandrin in

Fig. 2. Total ion chromatogram from a plasma extract of a patient suffering from an oleandrin intoxication (upper part). Reconstructed mass chromatogram of ion m/z 594 (ammonium adduct ion) indicating the presence of oleandrin (lower part). The inset shows the peak underlying ES mass spectrum (taken from Ref. [2]).

cated. The peak underlying ES mass spectrum (inset with the corresponding antibiotic. in Fig. 2) was compared for confirmation with the reference spectrum shown in the original paper [2]. 2.3.2.7. *Corticosteroids*. Synthetic corticosteroids

developed a FAB-LC–MS procedure for the de- horses. An APCI-LC–MS–MS procedure was detection of cephem antibiotics. For example, they veloped to control corticosteroid misuse in bovine

from parts of the toxic plant *Nerium oleander*. As the analyzed fatal forensic cases due to shock caused by total ion chromatogram indicates, this case could not intake of such antibiotics. A lot of mass spectral and have been solved without mass spectral information. retention data are published, but no validation data Using reconstructed mass chromatography with the recorded in biosamples were given. Only ceftriaxone ammonium adduct ion $[M+NH_4]^+$ (C₃₂H₄₈O₉ = and cefazolin have already been successfully de- $576+18=594$), the presence of oleandrin was indi-
termined in serum of patients treated intravenously

are illegally used as growth promotors in livestock 2.3.2.6. *Cephem antibiotics*. Kobayashi et al. [3] breeding or as anti-inflammatory drugs for unfit race

control triamcinolone doping in equine urine or be analyzed by GC–MS [1]. Low-dosed buprenorserum [52]. **phine and its nor metabolite can sensitively be** phine and its nor metabolite can sensitively be

tic drug monitoring of immunosupressant drugs and ES-LC–MS has been proved to be the method of their metabolites in blood, PB-LC–MS [10] or ES- choice. LC–MS–MS [11] assays were described for tac- Verweij et al. [26] described a TS-LC–MS–MS rolimus and an ES-LC–MS [8] assay for sirolimus. assay for some opioids (and neuroleptics), but they Surprisingly, the linearity range of the PB-LC–MS have validated the assay in blood only for dexassay was the same as that of the ES assay combined tromoramide. The second publication of these auwith MS–MS detection. the thors with quite similar contents was critically

2.3.2.9. *Neuroleptics* (*butyrophenones and phenothiazines*). Neuroleptics may lead to severe intoxica- 2.3.2.12. *Quaternary ammonium drugs*. For determitions, so that fast diagnosis is required. Immuno-
assays are not available. Neuroleptics can easily be TS-LC-MS procedure using a resin-based stationary screened by GC–MS [1]. For quantification in blood, phase was reported [28]. Using such a column, LC–MS procedures were described. Hoja et al. [44] ion-pairing reagents often incompatible with the LC– described a precise ES assay for haloperidol and its MS ionization are not necessary. The method covers metabolite. Verweij et al. [26] described a TS-LC– eight drugs, but it was only validated for antrenyl. MS–MS assay for butyrophenone and bisfluorophenyl neuroleptics (and opioids), but they 2.3.2.13. *Xanthins*. The xanthin derivatives, theohave validated the assay in blood only for halo-
phylline, theobromine and caffeine, are ingredients peridol. The second publication of these authors with of foods and beverages. Theophylline and caffeine quite similar contents was critically discussed in are also used as therapeutic or doping agents and Section 2.3.2.3. Suicides occur. The xanthins can easily be detected

(*NSAIDs*). Non-steroidal anti-inflammatory drugs [28]. This procedure using double-focussing MS may have been misused in horse doping. For doping be a nice scientific application, but I cannot imagine control, PB- and ES-LC–MS procedures were de- that anyone would use it routinely. scribed for 40 NSAIDs, but validated only for flunixin and its metabolites [21]. The authors stated 2.3.2.14. *Miscellaneous drugs*. A number of LC– that ES was more sensitive than PB. Since NSAIDs MS papers appeared dealing with the determination form anions or cations, the ES apparatus must of of single therapeutic drugs. As mentioned above they course be switched for the screening into the positive are not discussed in detail. However, procedures or negative mode. concerning single therapeutic drugs relevant to foren-

are potent analgesics especially used in a postopera- only be mentioned in Section 2.3.4. tive state or in the final stage of cancer diseases. Furthermore, they are abused (typically by medical 2.3.3. *Poisons* staff) for their euphoriant and anxiolytic effects. Heroin addicts also take opioids, if heroin is not 2.3.3.1. *Aconitum alkaloids*. *Aconitum* sp. alkaloids or buprenorphine, are used for substitution therapy of diagnosis, a LC–UV procedure was recently pubheroin addicts. For all these reasons, opioids must be lished [12]. The authors stated that using FAB-LC–

urine [62] and an ES-LC–MS–MS procedure to analyzed in body samples. Most of the opioids can detected in urine by GC–MS [109], but for de-2.3.2.8. *Immunosuppressants*. For detailed therapeu- termination in plasma, hair [40] or whole blood [39],

discussed in Section 2.3.2.3.

TS-LC–MS procedure using a resin-based stationary

in GC–MS drug screenings. A FAB-LC–MS assay 2.3.2.10. *Non*-*steroidal anti*-*inflammatory drugs* was described for precise quantification in plasma

sic or clinical toxicology are also summarized in 2.3.2.11. *Opioids*. Opioids, often named narcotics, Table 2, while those concerning future drugs will

available. Finally, some opioids, such as methadone are toxic and may lead to severe intoxications. For

MS the results could be confirmed and that they *phalloides*) the amatoxins, α - and β -amanitin, may could detect 'therapeutic' levels of the alkaloids in cause severe gastrointestinal disorders and fatal liver blood and urine. Unfortunately, 'therapeutic' levels damage. Since diagnosis of an intoxication entails a were not defined and authentic cases were not large scale of invasive and expansive therapy, a reported. highly specific detection of amanitins in body fluids

mycotoxins. They can be ingested via contaminated ES-LC–MS was suitable for sensitive and specific food or inhaled via dust generated by mould-infected detection of amatoxins in urine, as described by products. Kussak at al. [13] developed an ES-LC– Maurer et al. [14]. In the meantime, this procedure MS–MS procedure for the determination of afla- has been improved [103,104,110]. In Fig. 3, a cutout toxins in urine of feed factory workers. Unfortuna- of the ES spectra of the amanitins, the structures, the tely, no data are given on tolerable urine levels and empirical formulae and the molecular masses are so it cannot be concluded whether this procedure shown. As shown in Fig. 4, the analysis time could actually can be used for biomonitoring. be shortened using gradient instead of isocratic

mushrooms of the *Amanita* species (e.g. *Amanita* developing an immunoaffinity extraction procedure

is necessary. Determination of amanitins in urine by 2.3.3.2. *Aflatoxins*. Aflatoxins are carcinogenic radioimmunoassay has several disadvantages, while elution, and the specificity could be improved using 2.3.3.3. *Amanita toxins*. After ingestion of the toxic six instead of two selected ions. We have been

Fig. 3. Cutout of the ES spectra, structures, empirical formulae and molecular masses of α - and β -amanitin.

in urine (conc. 100 ng/ml). in the MS–MS mode. Today, many pharmaceutical

may lead to life-threatening situations especially in become the *golden standard* in pharmacokinetics children. Nicotine and its metabolites can easily be [111]. For the identification of new metabolites, screened by GC–MS. In smoking-cessation therapies especially of conjugates, LC–MS [93,96,112] or under nicotine substitution (e.g. via patches), nicotine LC–MS–MS [29–31,113–115] are widely used plasma levels should be monitored to counteract the today. craving for cigarettes. Xu et al. [68] have described a For reasons of space, papers concerning the sensitive, precise and fast APCI-LC–MS–MS pro- quantification of future therapeutic drugs as part of cedure for quantification of nicotine and its metabo- pharmacokinetic or metabolic studies are not relite cotinine in plasma, that was suitable for this viewed in detail, but they are mentioned here. They purpose and that would also be suitable for clinical were not omitted for two reasons: firstly such

body fluids for diagnosis of an intoxication or for toxicological interest. Only ES or APCI procedures biological monitoring of occupationally exposed are mentioned, since these techniques have become persons. Driskell et al. [67] applied APCI-LC–MS– standard. ES-LC–MS quantification was described MS for identification of metabolites of the herbicide for the HIV protease inhibitor BMS-186318 [88] and alachlor in urine for biomonitoring purposes. The the platelet inhibitor Ro 44-3888 [89]. APCI-LC– urine samples used for this study were collected from MS quantification was described for the antianginal alachlor-exposed workers, but no data were given on drug ranolazine [90], the antibiotic azithromycin and tolerable urine levels. the epimers of the glucocorticoid budesonide [91].

propoxur was studied in biosamples (serum). Un- drugs rizatriptan [75] and GR-151004 [76], a col-

fortunately, no validation data recorded in biosamples were reported. On-column LODs of methanolic solutions are of minor value for toxicological analysis.

2.3.4. *Applications in studies on pharmacokinetics or metabolism of future drugs*

During the development of new drugs, studies on pharmacokinetics, including metabolism, must be performed. HPLC is a versatile method for such studies and is still commonly used. Classical detectors, such as UV, diode array (DAD) or fluorescence detectors, are selective and sensitive enough for many pharmacokinetic applications. However, for determination of low-dosed drugs (especially when they have low UV absorbance or no natural fluores-Fig. 4. Selected-ion chromatograms indicating α - and β -amanitin cence), mass spectral detection is needed, especially companies are using LC–MS and LC–MS–MS techniques for series of routine quantifications during to decrease the LOD and to make the procedure also pharmacokinetic studies [111]. Using LC–MS–MS, suitable for other biosamples [103,104]. the sample preparation can be simple and fast, the (MS) separation very fast and the detection very 2.3.3.4. *Nicotiana alkaloids*. Ingestion of cigarettes specific and sensitive, so that this technique will

or forensic problems. therapeutic drugs may also occur in future toxicological cases and secondly they may give hints for 2.3.3.5. *Pesticides*. Pesticides must be analyzed in developing new procedures for similar compounds of Itoh et al. [69] described an APCI-LC–MS meth- ES-LC–MS–MS quantification was described for the od for the detection of 30 pesticides, but only antiarrhythmic MK-0499 [92], the antimigraine lagenase-inhibiting antirheumatic [78], the endo-
unknown drugs or poisons, because neither its sepathelin receptor antagonist bosetan [77], the HIV ration power nor the mass spectral information are protease inhibitor saquinavir [79], mevinolinic acid, comparable to that of capillary GC and electron a metabolite of the antihypercholesterolemic lovas- impact full-scan MS. However, LC–MS will 'play tatin [80], and the muscarinic agent LY-297802 [81]. the first violin' in analyzing peptide or nucleotide APCI-LC–MS–MS quantification was described for drugs, interesting drugs of the future. the the antihypercholesterolemic 447C88 [82], the antifungal fenticonazole [83,84], the M_3 blocker darifenacin [85], and the muscarinic agent and the muscarinic agent **4. List of abbreviations** xanomeline [86].

In drug metabolism, $LC-MS$ or $LC-MS-MS$ provide new aspects in the identification and quantification of phase II metabolites, such as glucuronide $[9,23,29-31,37,38,55,72,93-98]$, glycine $[73]$ or especially sulfate conjugates [9,30,93].

3. Conclusions and perspectives

In the last 2 years an increasing number of papers appeared concerning $LC-MS$ identification and/or quantification of drugs, poisons and/or their metabolites in biosamples relevant to forensic and clinical toxicology. Sample preparation was performed either by classical off-line liquid–liquid or solid-phase extraction, or by modern on-line extraction on reversed-phase or immunoaffinity columns. The chromatographic systems used were rather similar and classical: isocratic or gradient elution with C_{18} columns and mixtures of volatile buffers, such as ammonium acetate, with variable pH and organic modifiers, such as methanol or acetonitrile. Pre- or post-column addition of volatile acids, such as formic, acetic or trifluoroacetic acid, improved the ionization of the analyte. Different types of LC–MS interfaces, mass analyzers and detection modes were used. However, the more recent papers on analytical toxicology focus on ES and APCI in combination with MS or MS–MS detection. It can be concluded, that the two relatively robust atmospheric-pressure ionization techniques ES and APCI will become the *golden standard* in LC–MS. This review documents that LC–MS has become a powerful tool in analytical toxicological science and practice. However, at least at present, $LC-MS$ is a complementary but not an alternative technique to GC–MS, still the *golden standard* in analytical toxicology. For example, LC–MS is not suitable for a broad screening for

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